

# The Welwyn Magazine



**December 2021 / January 2022**

*[www.welwyn.org.uk](http://www.welwyn.org.uk)*

**60p**

# CONTENTS

**December 2021**

## **PUBLISHERS**

St Mary's Churchwardens

## **COVER IMAGE**

Father Christmas in Welwyn

## **MAGAZINE ARTICLES**

Send by 1st of preceding month.

Include your contact details.

Email [magazine@welwyn.org.uk](mailto:magazine@welwyn.org.uk)

## **MAGAZINE (hard copies)**

Monthly deliveries arranged by

Jane Carr. Copies available at:

**Welwyn Team Ministry churches**

## **Welwyn:**

The Danesbury Shop

XO Wine Merchants

Lemon Plaice

SuSu

## **Digswell/Welwyn North:**

Welwyn North Stores

Deli Shop Cafe

## **Oaklands:**

Oaklands Post Office

Mardley Stores

## **PRINTERS**

Triographics Printers Limited

121 London Road, Knebworth

Herts SG3 6EX

t: 01438 811905

e: [alantriog@aol.com](mailto:alantriog@aol.com)

The Rector's letter	3
Jessie - The Rectory Dog	5
Parish Registers .....	5
Datchworth Christmas Tree Festival .....	7
KATS The Flint Street Nativity.....	9
Welwyn's walk to better health .....	11
Making life beautiful .....	13
Patients Participation Group .....	15/17/19
Welwyn Floral Group .....	19
News from Ayot St Peter	21
150 years of the magazine .....	22/23
Father Christmas in Welwyn .....	23
Christmas Services	24/25
Highways and Byways Part 6	26/27
Friends of Danesbury .....	28
Stay Safe from Scams .....	30
Mardley Heath WI .....	32
St Mary's new Director of Music .....	34/36
Welwyn Archaeological Society .....	36
Welwyn Parish Council .....	38/40
Welwyn Natural History Society .....	40
Woolmer Green Parish Council .....	42
Welwyn St Mary's Football Club .....	44
Church Notice Boards .....	46
Meditation	48
<b>Editor Note</b>	

We normally publish reports on activities and meetings occurring in Welwyn village and the immediate areas, If any reader would like to submit an article on local matters then please send the details by email to: [magazine@welwyn.org.uk](mailto:magazine@welwyn.org.uk) or contact St Mary's church office on **01438 840964**.

## **EDITOR'S NOTES**

**Articles by the 1st of the month preceding publication, see details above.**

*The Editors reserve the right to shorten or omit articles or refuse advertisements.*

*The opinions expressed in this magazine are not necessarily those of the Clergy, Editors or Publishers.*

*Advertisements included in the magazine does not imply their endorsement by the Clergy, Editors or Publishers.*

## Oakview Lodge Care & Nursing Home

### Vaccinating against Covid-19

If you're concerned about how your relative is coping and would like them to have more support, Oakview Lodge offers family-led care in a luxurious and homely setting. Our staff and residents have had the Covid-19 vaccine and anyone who joins us at Oakview Lodge will be offered the same, allowing them to live safely and as they wish.



01707 375 345



Oakview Lodge, Ascots Lane,  
Welwyn Garden City, AL7 4DT



[www.countrycourtcare.com](http://www.countrycourtcare.com)



# GG Carpentry

**Gary Gibson**

**Welwyn & surrounding areas.**

Ring for a reliable, friendly service. All jobs considered including floor laying, door hanging, lock fitting, cupboard making, kitchens & general maintenance.

**01438 712458 Mobile 07840 766182**

## SHIRES PEST CONTROL



**WASPS- RODENTS – MOLES**

**Mobile: 07890 131174**

**Tel: 01767 315101**



# A.K.C.

**Plumbing Services**

Free Quotation • No Call Out Charge

• All Work Undertaken

Phone: **Andy**

**Mobile: 07976427225**

**Office: 01438 358966**

email: [andycas@ntlworld.com](mailto:andycas@ntlworld.com)



# The Rector's Letter

## Dear Friends

Christmas 2020 as we remember all too well was an exceptional one. Just as it arrived, all talk of 'saving Christmas' disappeared, and we entered a new lockdown. Many people were not able to see loved ones at Christmas, and many events, including those at the church, were cancelled or curtailed.

Hopefully I won't be writing too soon, to say that we hope that this year things will be different – and albeit carefully – Christmas will be a bit more like 'normal.' Maybe some will even be looking forward to an 'extra special' Christmas to make up for reduced celebrations last year. Of course, most of us could do without some of the excess and perhaps one too many Christmas parties and events, which we cram into December, but nearly all will be looking forward to gathering with loved ones at some point over the Christmas season. These are rightfully thought to be an important time in the life of a family and community.

In Jesus Christ coming amongst us, we see an affirmation of that. God might not have been all that into zoom calls (another sign of his infinite wisdom perhaps ...) but he was into meeting up. That's the point of the incarnation. And

it isn't as though he hadn't tried other stuff – he'd sent the prophets, had worked with and through the nation of Israel, he had given gifts in creation, he'd given his people the



Scriptures – he'd tried the equivalent of 'virtual' stuff of its time. And of course like virtual stuff today, it was quite good. It was useful and often got the message through: people listened to the prophets (sometimes), and read the Scriptures. But just like a zoom call with loved ones at Christmas, it wasn't quite the same as going 'in the flesh.' So that's what God does in Jesus at Christmas – he comes as 'Word made flesh.'

Such an approach also has its disadvantages – he only knew a very few people, and only in a radius of a few miles from his place of birth. He was only around for 30 odd years. Being flesh is very limiting, but there is no substitute for it. Who'd have thought we'd be remembering that 30 odd years, in Welwyn 2000 years later? And before we have to talk again about 'saving Christmas' remember that in fact it's Christmas which saves us... but that's a whole other letter.

David

**CREATIVE PLANTING DESIGN & GARDENING SERVICES**



- New garden planting designs
- Garden redesign & development
- Plant advice & recommendations
- Planting services
- Seasonal pots & containers

Please call to arrange a garden visit & to talk through your ideas & requirements.

Katie Mitchell 07535 878033 [twigsandbloomsuk@gmail.com](mailto:twigsandbloomsuk@gmail.com)

## NICHOLSONS

CHARTERED ACCOUNTANTS

1<sup>st</sup> Floor, Bridge House  
25 Fiddlebridge Lane  
Hatfield

Hertfordshire AL10 0SP

Tel: 01707 630880

Fax: 01707 630899



## TENNIS FOR ALL

**NINE COURTS, EIGHT FLOODLIT**

**TWO WINTER INDOOR COURTS**

**FABULOUS 4 COURT KIDS ZONE**

**CARDIO TENNIS**

**WELL APPOINTED CLUBHOUSE AND BAR**

**SOCIAL AND COMPETITIVE TENNIS**

**FULL-TIME COACHES ALWAYS AVAILABLE**

**PLUS! TABLE TENNIS with LEAGUE MATCHES**

**MEMBERSHIP: 01438 816800**

**COACHING: 01438 717990**

**[www.welwyntennis.co.uk](http://www.welwyntennis.co.uk)**

Welwyn Tennis Club  
Ottway Walk  
Playing Fields  
AL6 9AT



# ALLWOOD Automobiles

**Quality Cars At Affordable Prices - Over 80 cars in stock online**  
**Branches in Welwyn Garden City & Waltham Cross**

**We Buy Your Car Call Us Today**  
**For A Valuation**

**Your Local & Independent Car Buyer**  
**Specialists in Classic Car buying**

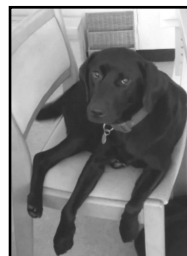
**[www.Allwoodautos.co.uk](http://www.Allwoodautos.co.uk) & [www.tewincars.co.uk](http://www.tewincars.co.uk)**

**Mobile: 07747 604 760**

# JESSIE - THE RECTORY DOG

## Christmas list:

- Turkey (alive is fine, it won't be for long if I'm let off the lead),
- Pigs in blankets (actually whole pigs in actual blankets are fine),
- Salmon (alive is fine, Labradors were bred to retrieve fish
- Christmas pudding (on fire with brandy is fine),
- Not that interested in veg (but smother it in gravy and cranberry sauce, and I'll give it a go),
- Bread sauce (actually just give me the loaf of bread, I'll do the rest),
- Cheese – yes there has to be a LOT of cheese
- Crackers – don't be ridiculous, I don't have opposable thumbs, look stupid in a hat, and if I chewed it, it would explode.



Jess



## Parish Registers

### St Mary's Welwyn

#### Funerals

7th October  
12th October

Linda Louise Warren Grove  
Barbara Anne Hill

Service & Cremation  
Service & Burial

### Ayot St Peter

#### Baptism

10th October

Emilia & William Hamilton

### St Michael's Woolmer Green

#### Baptism

17th October

Bonnie Appleby





# Live well, *your* way

Start your home care journey with Home Instead® today.

- ♥ Home Help
- Personal Care
- ♣ Companionship
- ♦ Dementia Care

01707 240 650

[www.homeinstead.co.uk/welwyn](http://www.homeinstead.co.uk/welwyn)

Each Home Instead franchise is independently owned and operated.  
Copyright © Home Instead © 2021.



## Affordable Roofline

**For a Free Quote Call Ashley on  
07983-176318**

— ROOFING & GUTTERING —

**Fascia-Soffit-Gutters-Cladding-  
UPVC-Roof Repairs & Cleaning**

Flat roofing & tiling

**Fully Insured & Guaranteed**

**Email: [Ashleyrigden1@Hotmail.co.uk](mailto:Ashleyrigden1@Hotmail.co.uk)**

All Saints Church, Datchworth



## Christmas Tree & Crib Festival

An exhibition of Christmas trees and Nativity  
Scenes  
created by local people.

**Friday 3rd December 5 – 8 pm**

Entrance £5 Adults under 12s free

Tickets valid also for Saturday

Shortbread and mulled wine or soft drinks

**Saturday 4th December 2 – 5.30 pm.**

Entrance £3, under 12s free

Santa Claus' Grotto, Raffle, Lucky Dip, Tombola and more

**Come, enjoy yourselves, bring friends  
and vote for your favourite .**

**All Saints Church, Bury Lane, Datchworth,  
SG3 6RG, Herts.**

**More info from <http://www.datchworth.com>**



# Heneom HR

*Supporting local, small businesses with all aspects of HR from resourcing and recruitment, policies and procedures, employee engagement & reward*

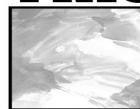
*Offering HR advice on current people issues, e.g. flexible and hybrid working*

Available ad hoc or on a retainer

Contact Emma on 07812 040511  
or at [heneomhr@gmail.com](mailto:heneomhr@gmail.com)

[www.heneomhr.com](http://www.heneomhr.com)

## TRIOGRAPHICS PRINTERS LIMITED



THE  
BATTLE OF BRITAIN  
• LOCOMOTIVE •  
SOCIETY

NORTHILL PARISH  
MAGAZINE

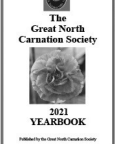


121 LONDON ROAD, KNEBWORTH, HERTS., SG3 6EX  
01438 811905 e. alantriog@aol.com

STEAM NEWS



Hertfordshire  
People



Periodicals  
Books  
Stationery  
Mailing  
Parish Magazines  
Programmes  
Laminating  
Raffle Tickets  
Posters  
Scanning  
Start Ups  
Calendars

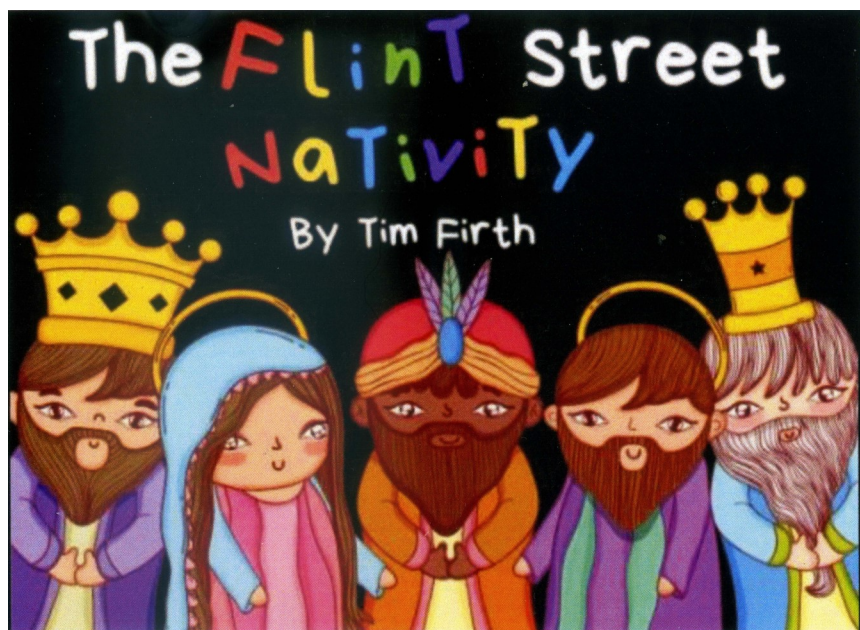
## ACCOUNTANCY & BOOK-KEEPING SERVICES

Specialists To The Self-Employed & Small Business

Self-Assessment Tax Returns/Financial Accounts  
Book-Keeping/V.A.T./P.A.Y.E./C.I.S. Schemes etc.

Contact - Steve or Anne Vine on 01438 717105  
31 Wilga Road-Welwyn-Herts-AL6 9PT

## KATS - THE FLINT STREET NATIVITY



Knebworth Village Hall  
9 December to 11 December 2021  
Doors open at 7:15pm for 7.45pm start

Ticket orders: Adults £10 Concessions £8  
Available from: [terrypgrimwood@hotmail.com](mailto:terrypgrimwood@hotmail.com)  
Order tickets and pay on the night

If you want to see an exhibition of mendacity, backstabbing and naked ambition in action, you really need look no further than your local primary school. Tim Firth's study of infant power-politics is less a cute, end-of-term entertainment than a kindergarten version of the Godfather, complete with seething vendettas, emotional blackmail and severed heads!



# Care visits at home

*We care passionately*

For many people the questions about care don't arise until suddenly, there is a need.

Home care with Bluebird Care can be anything from as little as 30 minutes up to several hours a day, supporting you to remain as independent as possible, living the lifestyle you choose.

Call and talk to one of our friendly professionals today:



**01707 263 723**

[bluebirdcare.co.uk/welwyn-hatfield](http://bluebirdcare.co.uk/welwyn-hatfield)  
[welwynandhatfield@bluebirdcare.co.uk](mailto:welwynandhatfield@bluebirdcare.co.uk)

*We are independently regulated*

Physio  
Vineyards

## Independent Physiotherapy & Sports Injury Clinic

Musculoskeletal conditions, sports injuries, orthopaedic rehabilitation, back and neck injuries and dizziness.

### Treatments include:

soft tissue massage, manipulation, mobilisation, exercise prescription, ultrasound, electrotherapy, biotherapy laser & acupuncture

Podiatrist on Wednesday mornings

### Opening hours

Varying times depending on days  
 Mon-Fri: from 8am to 7.30pm

**Tel: 01438 716838**

The Vineyards, 15a Codicote Road, Welwyn, AL6 9NE  
[www.physiovineyards.co.uk](http://www.physiovineyards.co.uk)  
[practice@physiovineyards.co.uk](mailto:practice@physiovineyards.co.uk)



## ACORN PLAYGROUP & PRE-SCHOOL

*from little acorns, great oak trees grow*

**OFSTED OUTSTANDING** Nursery School

**FREE PLACES** Children Aged 2 To 4 Years\*

**LARGE Classrooms + Secure Garden**

**ESTABLISHED** over 20 years

**OPEN** Mon to Fri term-time 9am – 4pm

**LARGE CAR PARK** easy access

Established in 1992 in Oaklands, now located in Welwyn Village

\*Government funding for 2 year olds (criteria applies) and 3-4 year olds

Whitehill, Off School Lane  
 Welwyn, Hertfordshire AL6 9FN

For more information call 01438 840132  
 or visit [www.acornwelwyn.com](http://www.acornwelwyn.com)

Registered Charity Number 1054698



## WELWYN WALK TO BETTER HEALTH

Did your mother say that exercise was good for you and now you find it is your doctor telling you? Of course, we all know it's true and maybe we don't relish the idea, but exercise doesn't have to mean pounding a treadmill in the gym or running a marathon.

If you feel you could benefit from some gentle exercise in the company of like-minded, sociable folk, without exhausting yourself and your purse, maybe an initiative from the Bridge Cottage Surgery Patient Participation Group (PPG) is what you're looking for.



'Walk to Better Health' is a programme of gentle fortnightly walks around Welwyn's wonderful countryside. Walks are designed to help everyone get a little exercise over planned routes equally suitable for those who are new to walking or the more seasoned walker.

We are lucky to have such beautiful countryside around our village and these gentle walks will vary between a mile and 3 miles in our lovely area, all led by experienced local walkers.

Two walks are offered each month, one on a Tuesday and one on a Thursday, both starting at 10.00 am. Details are communicated by email and if you'd like to know more please email: [pauljiggins@fastmail.com](mailto:pauljiggins@fastmail.com)

**Paul Jiggins**

# COMPLETE LOCKSMITH SERVICE

## DRUMMOND SECURITY

24 HOURS | FREE ESTIMATES | NO CALL OUT FEE!  
EMERGENCY MOBILE SERVICE AND MOBILE WORKSHOP

**01438 812100**

WWW.DRUMMONDSECURITY.CO.UK  
SHOP@DRUMMONDSECURITY.CO.UK

**10%  
DISCOUNT**  
WHEN YOU  
MENTION THIS  
VILLAGER ADVERT

**YOUR LOCAL LOCKSMITH & SECURITY EXPERTS**

## UPVC REPAIR & REGLAZING SPECIALISTS

- ALL KEYS CUT
- VAN LOCKS
- GARAGE DOOR LOCKS
- GATES
- GRILLS & SHUTTERS
- CCTV & ACCESS CONTROL
- SAFES SUPPLIED & FITTED
- UPVC HANDLES
- HINGES & MECHANISMS

**CONTACT US FOR A HOME SECURITY ASSESSMENT**

WE NOW SUPPLY AND FIT UPVC  
COMPOSITE DOORS & WINDOWS!



WE PROVIDE LOST  
& SPARE CAR KEYS!



## IF IT'S BROKEN, WE CAN REPAIR IT!

WE FIX:  
REMOTE CAR KEYS, HOUSE KEYS, LOCKS, MASTER SUITES,  
UPVC WINDOWS & DOORS, SAFES, GRILLS & SHUTTERS

**1 Station Road, Knebworth SG3 6AP**



## I & B Electrical

*Free Quotes and  
Competitive Prices*

Rewires & Fuse Boxes

Additional Lights, Sockets,  
TV Points

Fault Finding

Security Lighting

Carbon & Smoke  
Detectors

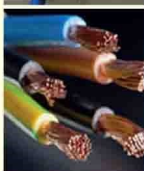
Periodic Inspections  
& PAT Testing

All work tested by our  
registered engineer

Daytime: **07861 398288**

Evening: **01707 262771**

[www.ib-electrical.co.uk](http://www.ib-electrical.co.uk)



*The Greener Garden*  
Welwyn

Looking for a seasonal garden  
tidy up?

Or a regular gardener?

Please contact Paula  
to discuss your requirements;

Mobile: **07818423586**

Email:

[paula.thegreengarden@gmail.com](mailto:paula.thegreengarden@gmail.com)

Trained in horticulture at Capel Manor College

# MAKING LIFE BEAUTIFUL

No matter what time of the year, caring for and enjoying plants does wonders for our sense of wellbeing. Even on a wintry day, a few minutes in the garden pruning roses or planting up containers can lift your mood several notches, satisfy creative urges and leave you feeling contentedly productive. I recognised this and was the founder of Making Life Beautiful, 'probably the smallest and most unique nursery in Hertfordshire'.

I set up the nursery in my large garden just outside Codicote to nurture both plants and people. A community interest company run with the help of enthusiastic volunteers, the project combines my career in social work with my passion for horticulture. We offer a tranquil haven for anyone facing challenges in life. People come to help out and learn new skills in a friendly environment surrounded by the therapeutic benefits of nature. We also have quite a lot of fun!

We sell our wares at the nursery at 1 Drivers End, Codicote, SG4 8TR from Tuesday to Sunday between 10.30am to 4pm. In addition regular weekend pop-up stalls appear at pubs and churches around North Herts. These include every Friday at St Martins, Knebworth between 8.30am to 12.30pm; every Saturday at the Goat in Codicote from 9am to 1pm; every Sunday at the Boot in Kimpton between 9.30am to 2pm and every Sunday at the Lytton Pub between 9am to noon.

There's always plenty of tempting seasonal plants and expert advice on hand at the nursery, plus the added bonus of spotting Cedric the 10ft metal giraffe and his family. Currently on offer are colourful cyclamen, winter-flowering pansies, plants for autumn colour and a large variety of shrubs ideal for planting now, as well as spring bulbs including 21 varieties of tulips, 10 of daffodils, and alliums for late spring.

We'll also have Christmas wreaths, door garlands, table arrangements and gifts for gardeners, all at economical prices.

Keep an eye on our Facebook page for the opening of our Christmas Grotto, where there'll be a small free gift for children.

Visitors are normally offered free tea and coffee and the opportunity to relax in the peaceful garden or attractive conservatory.

Plants planted in the Autumn enjoy the warm moist soil and will give a far better show than when planted in the Spring.

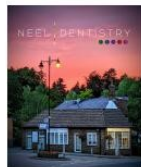
Call soon for a warm welcome.

Isobel Barnes  
<https://www.makinglifebeautiful.org/>

# NEEL DENTISTRY



General Dentistry.  
 Childrens Dentistry.  
 Hygienist - Direct Access Available.  
 Tooth Whitening.  
 Smile Makeovers.  
 Tooth Straightening - Braces.  
 Wrinkle Reduction / Facial Aesthetics.  
 Dental Implants.  
 Nervous Patients Cared For.  
 Available Evening & Weekends.



FOR MORE INFORMATION  
 OR TO  
 BOOK YOUR  
 NEW PATIENT EXAMINATION

VISIT AT  
[WWW.NEELDENTISTRY.COM](http://WWW.NEELDENTISTRY.COM)  
 OR CALL  
**01438 712713**

NEEL DENTISTRY | 43 HIGH STREET | WELWYN | HERTS | AL6 9EE



**Homewood**  
 Heating & Plumbing



## PLUMBER & HEATING ENGINEER

- Boiler Repairs, Servicing & Replacements
- Central Heating Repairs & Installation

**01438 517314 or 07977 924459**  
**milton@homewoodplumbing.co.uk**  
**www.homewoodplumbing.co.uk**



*John Spinks*

**PAINTER & DECORATOR**

INTERIOR/EXTERIOR

DULUX NETWORK MEMBER

TEL: 01707 266118

## CHIMNEY SWEEPING



We are a family run business Chimney Sweeping business based in Stanstead Abbots, Hertfordshire and cover all areas of Hertfordshire, Essex and North London.

WE OFFER THE FOLLOWING SERVICES.

- Cowls, Bird Guards, Chimney Caps supplied & fitted.
- Bird Nest Removal
- CCTV Inspections
- Smoke Evacuation Check
- Insurance Approved Certificate Issued on Completion of Work

**Kevin Tallant 07904 025301**  
 kevin@tlt-chimney-sweeping.co.uk  
 www.tlt-chimney-sweeping.co.uk  
 5 Mill Race, Stanstead Abbots, Hertfordshire, SG12 8BZ

**TALLANT**

## JDS Window Cleaning

We clean windows & frames  
 Patios & Driveways Pressure Washing  
 Fascias & Conservatories

POLE-FED PURE WATER SYSTEM

Call Luka on: 07713 490 773

## PATIENT PARTICIPATION GROUP

### The 12 Ailments of Christmas - Common winter illnesses and symptoms

Although Christmas is supposed to be a joyful time of year it can, unfortunately, also be a time of year that can take a toll on our bodies. This is a list of 12 common ailments you're more likely to pick up, along with some ideas on how to prevent them, so you can hopefully enjoy a germ-free Christmas or holiday season.

<b>The Common Cold</b>	A common cold is a mild viral infection, it can cause anything from a runny nose, cough or sore throat to full blown sinus infection. Medication wise, your best option is Paracetamol and lots of fluid (the watery sort rather than the alcoholic), and the illness will usually end within a week or so.
<b>The Flu</b>	The flu will have similar symptoms to the common cold, but they will be more intense. While a bout of flu will usually affect the fit and healthy for no more than a week, flu can be very dangerous to the elderly and infirm, so make sure elderly relatives have had their flu vaccine.
<b>Christmas Tree Syndrome</b>	The symptoms, which include a runny nose, watering eyes, coughing and even asthma attacks in those predisposed to asthma, are thought to be caused by the mould that sits on the Christmas Tree and thrives in the nice, warm environment of your living room. Like most other allergies, treat sufferers with antihistamines and perhaps next year opt for the artificial version!
<b>Chilblains</b>	Chilblains are small, itchy swellings which affect the body's extremities, namely toes, fingers, ears etc and are caused by damp, cold temperatures. Typically they cause a burning sensation and the affected skin can turn red or even blue. The best prevention is not letting your hands and feet get cold in the first place. If you think you're susceptible to chilblains, warm up your gloves and shoes. Equally importantly, don't rush to the radiator when you're cold, as heating skin up too quickly is one of the main causes of chilblains.
<b>Dry Skin and Eczema</b>	Those who are afflicted by this common and often chronic skin condition may experience flare-ups during winter months, as this is another condition exacerbated by sudden changes in temperature. Going from a raw, cold wind to a centrally heated house can bring on an attack of atopic dermatitis, commonly known as eczema, which causes the skin to become red, itchy, very dry and cracked. If you think you've just got a case of ultra dry skin, try applying a thick, non-scented moisturizing cream.

Continued on page 17

Foot Fit



## Caroline Davies

Dip.CFHP MPSPract(FHP)

07747 346181

Home Visits

- Removal of painful corns and callus.
- Treatment of fungal nail infections and verrucae.
- Nail trimming.
- Reduction of thickened nails.
- Management of cracked heels.
- Ingrown toenail treatment.



Foot Health Professional



## Mardley Herbal

Marie Carr BSc (Hons) MNIMH

Medical Herbalist | FSM Practitioner | First Aid trained

*Do you want to manage your own health and wellness?*

*Anxiety, depression, disturbed sleep?*

*Chronic pain or a long-standing condition?*

*Have a minor health issue or symptoms that aren't improving?*

**Why not try a different approach.  
Appointments available evenings and weekends.**

07973 303617

info@mardleyherbal.com

www.mardleyherbal.com

## WOOLMER GREEN HALL

**AVAILABLE TO HIRE**  
for parties, meetings, clubs,  
conferences.

**Licensed for wedding &  
civil ceremonies.**

## WOOLMER GREEN MARKET Food & Craft

Fourth Sunday of the month  
9am to 12pm

www.woolmergreenpc.org.uk  
Tel: 0370 777 6132

## Got a Mac?



Is it slowing down?

Spinning ball?

Need impartial  
advice?

We can help.

Macs are renowned for  
being reliable and easy to  
use, but even the best  
can have problems.

## Macs2U

Mac Specialists

01462 485561

robin@macs2u.co.uk

facebook.com/  
macs2uherts

www.macs2u.co.uk

With over 30 years of  
Apple Mac experience,  
we can help your Mac  
run smoother, play better  
with other devices, and  
save you frustration.

Has iCloud become iFog  
- confused? We can help.

Malware is more  
common on the Mac than  
ever, we can clean it up.

## PATIENT PARTICIPATION GROUP

Continued from page 15

<b>S.A.D</b>	Seasonal Affective Disorder has only recently been recognized as a genuine condition, characterized by ongoing feelings of depression during the winter months, irritability, lethargy and a craving for carbs, which in turn helps you put on weight. Levels of serotonin, which affect our moods, appetite and sleep, are thought to be lowered by the shorter sunlight hours, and this stops the hypothalamus, the part of our brain which affects our moods, from working properly. While a trip to the Caribbean might sound like the obvious remedy, cheaper treatments are on hand. Make a point of getting as much natural sunlight as you can.
<b>Alcohol Poisoning</b>	Alcohol is a diuretic meaning it removes fluids from your body, and it is this dehydration which causes those familiar feelings of sickness, room-spinning dizziness and bad headaches following a night of drinking, commonly known as the hangover. If large quantities of alcohol are the order of the evening, then at the very least alternate each glass with a glass of water, try not to drink on an empty stomach, and always try to finish a pint of water before bed.
<b>Indigestion</b>	The holidays aren't the holidays without an overload of food, be that mince pies, Christmas pudding, brandy butter or mountains of chocolate, which are all things we probably wouldn't have at any other time of year. So it's hardly surprising that the poor stomach will complain every so often with the odd bout of indigestion. Over-the-counter remedies can relieve the pain, but if you're getting regular bouts or experiencing other symptoms such as loss of weight, persistent vomiting, difficulty swallowing or blood in your vomit or stool, see a doctor.
<b>Ear Infection</b>	Most ear infections occur when an infection such as a cold leads to a build-up of mucus in the middle ear. Typical symptoms include earache, fever, vomiting, lethargy and occasionally slight hearing loss. Most ear infections clear up within 3 to 5 days but antibiotics may be needed if the symptoms persist or are particularly bad.
<b>Norovirus</b>	Of all the holiday ailments, this is the one you really want to avoid passing around. Also known as the winter vomiting bug, norovirus is highly contagious, causing severe vomiting and diarrhoea. While this shouldn't last more than 2-3 days, it can leave you feeling lethargic and exhausted so keep up your fluid intake and take paracetamol to sooth the aches and pains. Prevention is most definitely better than cure in this instance so wash your hands frequently.

Continued on page 19



**Ken Hodson**

**Local Computer Hardware and Software Repairs,  
Upgrades and Advice for Home and Business**

**Tel. 07974 156743 / 01582 794723**

**Email [enquiries@kenhodsoncomputerservices.co.uk](mailto:enquiries@kenhodsoncomputerservices.co.uk)**

**[www.kenhodsoncomputerservices.co.uk](http://www.kenhodsoncomputerservices.co.uk)**

- No fix, no fee for all repairs – you have nothing to lose
- Low hourly rate
- Most repairs carried out in your home, if not the computer will be picked up from and delivered back to you.
- Problems with Windows / Applications / Internet / networks fixed
- Friendly training and instruction available in plain English
- Advice given on upgrades – many older computers can be upgraded at a fraction of the cost of a new machine.
- Upgrades of hardware and software carried out.

**Peter Worby**  
Antiques Restoration

**ANTIQUES RESTORATION**

**over 40 years experience**

**All Repairs, Inc. Modern, Polishing**

**Fully Insured, Free Estimates, No V.A.T.**

**Tel: 01920 821973**

**e.mail: [peterworby56@gmail.com](mailto:peterworby56@gmail.com)**

**[www.peterworby.co.uk](http://www.peterworby.co.uk)**

## **CG ACCOUNTING LIMITED**

*Offering accounting, bookkeeping & tax services to suit all businesses*

**PAYE, Payroll, VAT, Self-assessment, Management Accounts,  
Annual Accounts Compliance**

**Contact Caroline on**

**Mobile: 07786 863050**

**Email: [info@cgaccounting.co.uk](mailto:info@cgaccounting.co.uk)**

**GILL'S**

**BATHROOMS & KITCHENS**

**[www.gillsbathrooms.co.uk](http://www.gillsbathrooms.co.uk) | [www.gillskitchens.co.uk](http://www.gillskitchens.co.uk)**

**Gill's Bathrooms & Kitchens**  
36 Burrowfield  
Welwyn Garden City  
Herts AL7 4SR

**Don't move.  
Improve.**

Here at Gill's we believe that the kitchen and bathroom are the most important rooms in your home and we're here to help you create that perfect space - whatever your style. Get in touch today to find out how we can help make your dream home.

• Kitchen & Bathroom Installation

• Plumbing & Heating

• Property Maintenance

Email us

**[sales@gillsbathrooms.co.uk](mailto:sales@gillsbathrooms.co.uk)**

Give us a call

**01707 371 707**

## PATIENT PARTICIPATION GROUP

Continued from page 17

<b>Sore Throat</b>	Sore throats are nearly always the result of a viral infection which means antibiotics won't be of any use. There is usually no need to seek medical help, unless you are getting them very regularly and are taking a long time to recover, which may imply a weakened immune system. One of the easiest home remedies is to gargle warm salty water and take paracetamol to help relieve the pain. Over the counter medications such as throat lozenges will not cure the illness, but they can help with painful symptoms and often taste great so they make the sore throat bearable. They are often extremely high in sugar content though, so be careful not to over-indulge!
<b>Frostbite and Hypothermia</b>	Cases of frostbite and hypothermia are rare in the UK. Frostbite is caused by exposing skin to temperatures below freezing for a length of time. The symptoms begin with affected parts (usually the extremities: hands, feet, ears, nose and lips) feeling cold and painful. This gradually turns into pins and needles as the area becomes numb. Once numb, this is an early sign that first degree frostbite may be taking hold. Taking the person affected into a warm environment as quickly as possible will limit the effects of the injury and progression into second, third and fourth degree frostbite. Ideally you should seek medical advice at this early point, as the frostbitten area should be warmed up by a healthcare professional, usually by immersion in warm water

Information taken from Isabelhealthcare.com

If you would like further information about the Bridge Cottage Surgery Patient Participation Group please email [ppgbridgecottage@gmail.com](mailto:ppgbridgecottage@gmail.com).

## WELWYN FLORAL GROUP



Meetings of the Welwyn Floral Group have re-started at the Civic Centre. The AGM will be on the 1st of December at 7.30 pm and will include a professional demonstration on a Christmas theme (Entrance £5)

From the 2nd of February meetings will be held in the afternoon on the first Wednesday of the month. Doors will open at 1.30 pm. For details of future meetings see the back cover of the magazine.

Joyce Furssedom  
[joycefurssedonn7@virginmedia.com](mailto:joycefurssedonn7@virginmedia.com)

## Parkinson's UK Welwyn Hatfield Branch

Do you or a member of your family suffer from Parkinson's? if so help is at hand.

Advice on financial support  
Support & respite for carers  
Armchair Exercises  
Outings  
Weekly gatherings  
Regular Newsletters  
Talks & presentations

**Contact John Edwards**

Tel: 01992 558247

Mob: 07930 374683

email [j.suttill@yahoo.co.uk](mailto:j.suttill@yahoo.co.uk)

## Michael Shelley Electrical

Qualified Electrician

### "No job too small"

**Tel: 01438 820 820**

Mobile: 07930 243651

Email: [michael.shelley@live.co.uk](mailto:michael.shelley@live.co.uk)

A member of ElecSa



**Bryan Bishop**  
*and partners*

**SOLD**

**01438 718877**

[www.bryanbishop.co.uk](http://www.bryanbishop.co.uk)  
IN BUSINESS LOCALLY FOR OVER 45 YEARS



Martin Bishop F.N.A.E.A

- Specialist marketing for every property
- Personal video tour for every property
- Prominent Rightmove presence
- Accompanied viewings

**Bryan Bishop and Partners** are an independent second-generation family business headed by the owner Martin Bishop. Having worked as an Estate Agent in Welwyn for 40 years.

"The property Industry is changing rapidly, and we have adapted to meet the challenge"

CALL or EMAIL THE SPECIALISTS

[martin.bishop@bryanbishop.co.uk](mailto:martin.bishop@bryanbishop.co.uk) or 01438 71 88 77

[www.bryanbishop.co.uk](http://www.bryanbishop.co.uk)

**Bryan Bishop**  
*and partners*

## NEWS FROM AYOT ST PETER

### Christmas arrangements

We are very proud of our talented “flower ladies” at Ayot St Peter. They create beautiful floral arrangements all year round, and any readers who visited our open day in September will have seen their wonderful harvest display. The end of the year seems an appropriate time to record our appreciation for this hardworking and creative group – so “thank you” Debbie, Jenny, Karen, Sally, Sarah, Sarah-Jane and Sheila.

Apart from being talented, our ladies try hard to be “green”. They minimise the use of flower arranging foam, which is not recyclable or biodegradable, and maximise the use of home-grown flowers. Many of the lovely flowers and foliage used in church even come from their own gardens.

One of the unusual aspects of our Christmas floral decorations is that they do not normally include any flowers! The arrangements are created using only winter foliage and berries and many candles. The result is wonderfully atmospheric, and evocative of village Christmases in times past. Sadly, my picture cannot do justice to the lovely effect – you will just have to come and see for yourselves!



Our Carol Service is the perfect start to a traditional country Christmas and this year is on Sunday 12 December, at the usual time of 11.15am. This is always a popular service and last year the need for social distancing meant we had to hold two carol services to fit everyone into the church. Depending upon the Covid restrictions at the time, it is possible worshippers will need to book seats again this year. You can check the latest situation by visiting the diary page of our website [www.ayotstpeter.com](http://www.ayotstpeter.com). If you do not have internet access, the church office at St Mary's will advise you.

Our traditional crib service will be on the following Sunday, 19 December, also at 11.15am. This is a very charming service, especially for children and the young at heart, but the Rector always makes it an entertaining morning for everyone. The children in the congregation fill our beautiful vintage crib with the nativity characters, as we tell the Christmas story and sing traditional carols.

On Christmas Day our service will be Holy Communion at 11.15am – why not walk to the church to work up an appetite for that lunch?

Wishing all our readers a very Happy Christmas and a peaceful New Year.

Valerie Richards

## 150 YEARS OF THE PARISH MAGAZINE

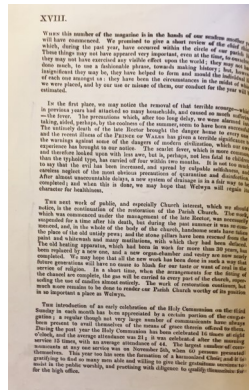
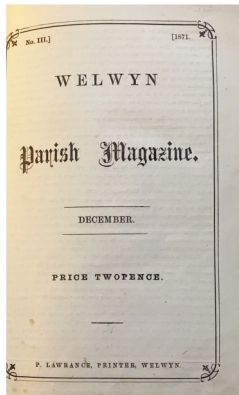
Issue 3 of the Welwyn Parish Magazine dated December 1871 was priced two pence, which in today's money would be just over 50p. The current price is 60p so there has been virtually no inflation over 150 years - there won't be many other things you can buy today that are such good value!

Issue 4 concerned itself with a review of the previous year – do you recognise any similarities in the following extract?

*“We promised to give a short review of the chief things which, during the past year, have occurred within the circle of our parish life. These things may not have appeared very important, even at the time, to ourselves; they may not have exercised any visible effect upon the world; they may not have done much, to use a fashionable phrase, towards making history; but, however insignificant they may be, they have helped to form and mould the individual life of each one amongst us: they have been the circumstances in the midst of which we were placed, and by our use or misuse of them, our conduct for the year will be estimated.*

*In the first place, we may notice the removal of that terrible scourge – which in previous years had attacked so many households and caused so much suffering – the fever. The precautions which, after too long a delay, we were alarmed into taking, aided, perhaps, by the coolness of the summer, seem to have been successful. The untimely death of the late Rector brought the danger home to everyone; and the recent illness of the Prince of Wales has given a terrible significance to the warnings against some of the dangers of modern civilization, which our own experience has brought to our notice. The scarlet fever, which is more common and therefore looked upon with less awe, but is perhaps not less fatal to children than the typhoid type, has carried off four within two months. It is not too much to say that the evil has been increased, and spread by culpable selfishness, and careless neglect of the most obvious precautions of quarantine and disinfection. After almost unaccountable delays, a new system of drainage is in a fair way to be completed; and when this is done, we may hope that Welwyn will regain its character for healthiness.”*

# 150 YEARS OF THE PARISH MAGAZINE



You certainly needed very good eyesight, or a magnifying glass, to read it!

*Jane Carr*

## FATHER CHRISTMAS IN WELWYN



Father Christmas in Welwyn will be out on his sleigh doing his rounds of the village on the evenings of Sunday 5<sup>th</sup> and Monday 6<sup>th</sup> December. Watch out for details of his route and times on his Facebook page. Once again he will be collecting for the Welwyn Festival charities so please be generous!

# CHRISTMAS SERVICES



**Ayot St Peter**

**Sunday 12<sup>th</sup> December 11.15 am Carol Service Sunday**

**19<sup>nd</sup> December 11.15 am Crib Service**

**Christmas Day 11.15 am Christmas Communion Service (BCP)**



## CHRISTMAS SERVICES

### **St Mary's Welwyn**

**Sunday 28th November 6.30pm** Candlelit Advent

Carol Service + Confirmation

**Wednesdays 1st, 8<sup>th</sup>, 15<sup>th</sup> 22<sup>nd</sup> December 9pm** Candlelit  
Compline

**Sunday 5th December 3.30pm** Christingle Service

**Sunday 12<sup>th</sup> December 9.30am** Parish Eucharist with  
Nativity Play

**Sunday 19th December 6.30pm** Candlelit Christmas  
Carol Service

**Christmas Eve 3.30pm** Crib Service,

**Christmas Eve 11pm** Midnight Mass

**Christmas Day 8am** Holy Communion,

**Christmas Day 9.30am** All Age Christmas Eucharist



### **St Michael's, Woolmer Green**

**Sunday 5<sup>th</sup> December 4pm** Christingle Service

**Sunday 19<sup>th</sup> December 4pm** Christmas Carol Service

**Christmas Eve 3.30pm** Crib Service followed by Carols  
round the Pond

**Christmas Day 9.30am** Parish Eucharist for Christmas  
Day

**Sunday 5<sup>th</sup> January 11.15am** Parish Eucharist for  
Epiphany

## HIGHWAYS AND BYWAYS - Part 6

Turn right at the Church...

In years past, a traveller may have stopped in Welwyn High Street (or Fore Street, or Front Street, or Bedford Road depending upon the year) and asked for directions to Stevenage. He would have been told to turn right at the Church along Church Street (or Fore Street, or North Fore Street, or North Road depending upon the year) and soon he would have left the village.

Along his way he would have passed few roads but today there are more on this route from the village. In 2021 we would first come to Holly Hall Court, a modern development built in 1997 behind Holly Hall and named after it. A house has stood on this site since 1463 and the present house dates from 1770. Early occupiers included two curates, before the house was sold to grocer William Wellingham in 1843. The well-known Wellingham's Stores operated in the shop attached to Holly Hall until it closed in 1970.



Wellingham Stores

This route in the early 18<sup>th</sup> century would have passed Lockleys Drive, although at that time it was the Hertford Road. It passed from Welwyn in front of Lockleys House and on to Hertford. But the occupant of Lockleys in 1720, Edward Searle decided to move the road away from his house and constructed a new road from the White Hart running along Prospect Place and onwards through what is now the Parkside development. The original road became quite literally the drive to Lockleys, although its usefulness was curtailed in 1926 when it was cut in two by the new bypass. The road to Hertford would be moved twice more before settling to its current line in front of the Fire Station in 1907.

Until 1990 the traveller leaving Welwyn would have passed another of Welwyn's grand houses on his right. This was Wendover Lodge which gives its name to another Welwyn road – Wendover Drive, built in the grounds of the house in 1938. The name Wendover probably derives from the plot of land upon which it was built – Windover. Wendover Lodge was built around 1810 and was home to a number of Welwyn's fine families, notably that of Sir Alfred Scott-Gatty who came to



Wendover Lodge

## HIGHWAYS AND BYWAYS - Part 6 *continued from p26*

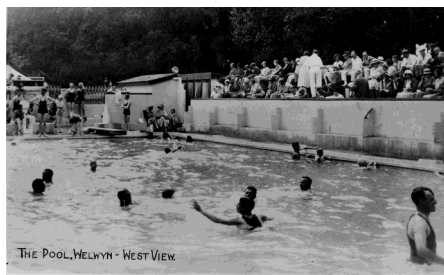
the house in the early 20<sup>th</sup> century. Sir Alfred was Garter Principal King of Arms; his life-long career was the study and practice of heraldry. He was also an accomplished composer and created a number of pieces for memorial services for Welwyn men lost in World War I, including his own son Charles. After his death in 1918 his widow continued to live in Wendover Lodge for a few years. In the 1930s it was divided into flats and remained a village landmark until being so badly damaged in storms that it had to be demolished in 1990. A modern block of apartments now stands on the site, aptly named Wendover Lodge.

A little further north along Church Street another modern development takes its name from one of our old houses – Welwyn Hall Gardens. Welwyn Hall, built around 1870 replaced an earlier house and was part of the Danesbury estate. It had a number of occupants before being used as the dower house of Danesbury. Mrs. Henrietta Blake, widow of Colonel Frederic Rodolph Blake spent her last years there, where she died in 1895.



Welwyn Hall

Subsequently the house was let to Riversdale Grenfell followed by William Tindall Lucas, a Hitchin banker who remained until just before World War II. At the outbreak of war the house was used as a research centre by ICI for 15 years. A number of other companies used the building until the last, Digital Equipment, left in 1988. The Hall stood empty for 4 years until a fire in 1992 led to it suffering the same fate as Wendover Lodge and it was demolished in 1995, with the building of Welwyn Hall Gardens and Church Place starting in 1996.



The swimming pool at the  
Clock

Before leaving Welwyn we come to the controversial Clock House Gardens. Built around 1929 the Clock Hotel was a familiar sight to travellers on the A1 until it closed and in 2010 another fire removed another of Welwyn's landmarks. The Hotel was remembered for its iconic clock but how many people remember its swimming pool?

Paul Jiggins

## THE FRIENDS OF DANESBURY

Happy holiday greetings! I hope our newsletter finds you all well and in the throes of festive spirits. The Friends have had a rather whirlwind end of year, recently having had our AGM at which the accounts for 2020 were presented. These show that we are in excellent financial health. Throughout the period in which the shop was closed during 2020 we ran a click and collect service, sold donations through eBay and other forms of social media. All these proved popular and profitable. We also gained two new trustees this year, and our Halloween festivities were well received by those who came out and supported Welwyn village increasing the footfall through the village. It's so nice to see the community pulling together.

Now, we are all geared up for the Christmas festivities and we hope you are too. Our shop is starting to look more like Santa's grotto with each day that passes, and everyone seems to be getting into the Christmas spirit – after last Christmas we definitely have some catching up to do! The shop is holding its annual Christmas raffle and if you are passing by do come in and support us, the draw is due to be held on the 18<sup>th</sup> December.



No doubt our festive window displays will be a highlight in the village, thanks to our very talented Georgia Shaw. We would also like to take this opportunity to thank all our volunteers. Without their hard work and commitment we would not be able to run our shop and support Danesbury, the Queen Victoria Memorial Hospital, the work in the community and other units within Herts.

The work our managers and volunteers do is invaluable and is much appreciated by the trustees, patients and staff. Again, this year we have been able to support the units in several ways, from providing personal care items, clothing, shoes, physio equipment, radios for patients and the list goes on.

From all of us at the Friends of Danesbury & QVM to all of you, we wish you and your family a happy and healthy 2022. May the year ahead bring you peace, love and much laughter. Our website ([danesburyqvm.co.uk](http://danesburyqvm.co.uk)), has lots of information about who we are and what we do. You can also support us by doing some of your online shopping via Easy Fund Raising at: [www.easyfundraising.org.uk/causes/danesburyqvm](http://www.easyfundraising.org.uk/causes/danesburyqvm).

Thank you for your continued support



# Locksmith SERVICES

**10%  
OFF**

MONDAY-FRIDAY  
9AM-5PM  
WHEN SHOW THIS ADVERT



**YOUR LOCAL TRADING STANDARDS APPROVED LOCKSMITH**

**FULLY TRAINED LOCAL FAMILY BUSINESS**

- LOCK OUTS • UPVC DOORS • WOODEN DOORS
- EMERGENCY CALLOUTS • POLICE VETTED

**FAST RESPONSE TIMES**

**USUALLY WITHIN 30 MINUTES**

CALL LARRY & DEAN TODAY

**WWW.LOCKSMITHSRUS247.CO.UK**



**Verifiedby**  
Expert Trades



**WELWYN - 01707 515 244**

## Jenny Junior Interior Design



**Transforming your home for modern living, from concept to completion.**

**5★ Google customer reviews**

Kitchens, Bathrooms, Garden Rooms, Conservatories, Living Rooms,  
Bedrooms, Curtains, Blinds, Designer Fabrics, Wall Coverings, Bespoke &  
Fitted Furniture, Upholstery, Flooring, Lighting, Art, Accessories.

**jennyjuniorinteriors.co.uk 01707 276343 / 07947 711597**

## STAY SAFE FROM SCAMS



Scammers are criminals who make money by tricking people, usually by posing as someone else. They are often very convincing and scams are increasingly sophisticated, which is why victims are taken in by them.

Criminals clone telephone numbers so that a call or text appears to have come from your bank. They design emails with the correct logos, and set up authentic-looking websites for victims to input their details.

Successful scams usually play on people's emotions. Threats from the tax authorities or law enforcement agencies frighten people into believing they've done something wrong. Offers of high investment returns from various schemes are, sadly, often attractive to those struggling to make ends meet. Romance scams target lonely people and are an under-reported crime as victims are too hurt and ashamed to admit what has happened.

A lot of scams try to rush you into acting impulsively, to avoid prosecution, take advantage of a special offer, or sort out a computer problem. Another common aspect is secrecy – victims are encouraged not to discuss matters with others. Both these features are “red flags”. If you are ever unsure, speak to the police or someone you know and

trust.

You will help others by reporting attempted scams. Texts should be forwarded to 7726 (for most phones, press on the text and find the option to forward). Send emails to [report@phishing.gov.uk](mailto:report@phishing.gov.uk) and for telephone scams, ring 0300 123 2040 or visit [www.actionfraud.police.uk](http://www.actionfraud.police.uk). Action Fraud have already removed almost 60,000 scams.

If you have been the victim of a scam, please remember you are not alone. It is important crimes are reported, and the police will be sympathetic. You should also contact your bank or credit card provider immediately.

Your personal information is valuable, even if criminals do not steal money. You could be a victim of identity theft or targeted by future scams, and this should also be reported to the police.

Citizens Advice provide helpful information on their website [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) (search for “scam”). You can also call our local branch on 01707 280417 (office hours) or meet them in Welwyn library between 2pm and 4pm on Fridays.

**John Mitchell and Valerie Richards**  
[www.owl.co.uk/herts](http://www.owl.co.uk/herts)

**DeVito's  
Kitchens & Bathrooms Ltd**

**We cover all aspects of installing your  
bathroom or kitchen including  
plastering, decorating and electrics**



☎ 07789861004  
✉ devitosltd@outlook.com  
f DeVito's Kitchens and Bathrooms

**PoleTrack**  
Curtain Tracks, Poles & Blinds  
Measuring, Installation, Supply  
Hertfordshire



email dave@poletrack.co.uk 07377 566706

**Business  
Mums Wanted!**

Local businesswoman looking for  
5 partners to work from home without  
affecting family commitments.  
If you have managerial, sales, recruitment  
or self employed background,  
please contact Tracie.

Text SMILE to **07957 421739**

*Welwyn Florist*  
Est 1920

Retail & Business Florist

29 High Street, Welwyn, Hertfordshire. AL6 9EE  
☎ 01438 716569 ✉ info@welwynflorist.co.uk  
🐦 @welwynflorist f theoldwelwynflorist  
www.welwynflorist.co.uk



**Medals Wanted**

Local collector & researcher  
pays highest prices for all  
medals: military or civil,  
groups or single items.  
Also buying other militaria  
and civil aviation items.  
**Tel: 01438 - 811657**



**Richard Parsons**  
*French Polisher  
& Furniture Restorer*  
*Antiques - Modern Furniture -  
Pianos - Full Repair Service*

27 ST MARTINS ROAD  
KNEBWORTH (01438) 812200  
HERTS. SG3 6ER 07946 422151

## MARDLEY HEATH W.I.



Last year our annual Produce Show was 'virtual', with entries submitted by photographs, so it was good that on the 21st October 2021 we could again contribute to and enjoy a live show. Fifteen different classes (in Food, Flowers/Plants, Craft , Photography) encouraged us to make an effort, generally stretch ourselves and compete. With the deadening effect of the latest lockdown lingering on, some found the effort needed to enter quite challenging, but nevertheless responded. The resultant colourful show raised all our spirits. The prizewinners will be named in next month's

report. Penny Stephens and Lynda Martin, the judges, were applauded and presented with garden vouchers.

The speaker this month was Deirdre Swede, a registered Nutritional Therapist, with a talk entitled Optimum Nutrition for Health and Wellbeing. She stressed the benefits of a happy family life and sharing in community activities, alongside watching what we eat, as a way to healthy ageing. We are living longer now than our parents did, but are not necessarily healthier than they were.

We should drink lots of water, not sit down for too long, go for a walk half an hour after a meal - having stopped eating when feeling 80% full! We should eat lots of colourful vegetables and for fibre eat wholegrain versions of bread, pasta and rice. Not too much fruit, but 'an apple a day' helps you retain muscle mass. Eat less meat and more fish, beans, nuts and seeds. Limit cakes and biscuits, but don't beat yourself up if you have the occasional binge!

Thank you, Deirdre, we'll try harder to adopt a healthier lifestyle after your inspiring talk.

President Jean Stephens reported on the recent Herts WI Annual Council Meeting in St Albans, where Nick Bailey was the guest speaker, and after sanitising the surfaces we all went home.

Marjorie Sandiford

# SWEEPSMART Chimney Sweep

- Sweeping all types of Flues •
- Chimney CCTV Inspections •
- Chimney Leakage Tests •
- Bird Nests Removed •
- Pots and Cows Fitted •
- Clean and Friendly Service •

## 01438 553 023

[www.sweepsmart.co.uk](http://www.sweepsmart.co.uk)



### Your local, friendly computer helper

- New computers, laptops, printers •
- refurbished computers • anti-virus
- wireless networks • home tutorials •
- installations and setup • troubleshooting •
- upgrades • security • PC health check •
- repairs • broadband installation

**Phone 07768 055906**

**Email: [info@pcassetservices.co.uk](mailto:info@pcassetservices.co.uk)**

**[www.pcassetservices.co.uk](http://www.pcassetservices.co.uk)**



HCPC Registered Podiatrist

Diane Fletcher

BSc (Hons) Podiatry, MChS

## FlexiFootCare

### Mobile Podiatry / Chiropody Services

Offering a professional foot care service at affordable prices in the comfort of your own home

- Nail care, Corns, Callus, Verruca, Athletes foot
- Ingrown toenails - advice & conservative treatment
- Diabetic foot assessments
- Simple insole therapy & Foot pain

Call: 0790 3293533

Email: [flexifootcare@hotmail.com](mailto:flexifootcare@hotmail.com)

Website coming very soon

Discounts for 3 or more in one location & competitive rates for care homes & day centres

## STUDIO C ARCHITECTS LTD

Providing architectural design services that respond to your needs

- \* FREE CONSULTATION
- \* PROFESSIONAL & PERSONABLE APPROACH
- \* PLANNING & BUILDING REGULATION APPLICATIONS
- \* TENDER & CONTRACT ADMINISTRATION
- \* NEW BUILDS & EXTENSIONS
- \* ALTERATION, RENOVATION & REFURBISHMENT



**Sarah Coughlan**

BA (Hons) Arch Pg.Dip(Plym) RIBA

(E) [sarahcoughlan@studio-c-architects.com](mailto:sarahcoughlan@studio-c-architects.com)

(W) [www.studio-c-architects.com](http://www.studio-c-architects.com)

(T) 01920 413302

STUDIO C ARCHITECTS LTD  
architectural design services



## ST MARY'S NEW DIRECTOR OF MUSIC

Pavlos Triantaris joined St Mary's Church as Director of Music on October the 1<sup>st</sup>.

Pavlos writes:

I was born in Greece in 1993, and thenceforth I saw little of my town of birth. I was the son of a Hellenic Air Force officer and of a schoolteacher, and we moved around a lot. When I was four years old the family made their permanent residence in Almyros – a mainland town which holds no importance for any Englishman, nor for most Greeks.

As it turned out, even such a humble town boasted of a conservatoire of its own, and soon enough – to the chagrin of my parents, who had to endure the most unholy of noises several times a week for the next twelve years – I developed an immense passion for classical music, despite the complete absence of any musical blood in the family.

Piano lessons were followed diligently and magazines and CDs on the great classical masters were bought with religious dedication (back in the days when the Internet was almost an abstract idea). I thus, over the years, became somewhat of a classical jukebox. My guilty pleasure consisted in me awkwardly “conducting” invisible orchestras whilst listening to symphonies alone in my room.

At some point, my attention was drawn to articles concerning a strange, foreign contraption producing a variety of sounds which captured my soul like no other. This led to an awakening which at the time I scarcely understood. It was, of course, the Organ, the indomitable King of Instruments. Alas, living in a country with ca. 1.2 working pipe organs per million population, and with a father who was anything but travel-happy, any possibility that I might get to know that impressive instrument remained in the realm of science fiction. The most I could do was listen to CDs featuring Christmas carols and Bach preludes, while daydreaming preposterous delusions that one day I may become a church organist.

Fast forward to my second year in University. Having armed, over the years (ISDN connections be thanked), with an enthusiastic, albeit theoretical, understanding of the function of organs, I stumbled upon one of the few which reside on Greek soil, and took my first steps upon a long sought-after path (the horrible tone of the mid-70s instrument notwithstanding). I started to attend a Presbyterian church, and there I was granted my first organist post. There is a rumour that their acquisition of an electronic organ to replace the woefully inadequate clavinova resulted from my mulish nagging. For the first time I was

Continued on page 36

## WOOLMER PEST CONTROL

### Hertfordshire

All Pest Control Work Carried Out

Father & Son business

**07773 453380 Conor**

**0778 714 8008 Malachy**

Email: [woolmerpestcontroltd@gmail.com](mailto:woolmerpestcontroltd@gmail.com)

[www.woolmerpestcontrol.co.uk](http://www.woolmerpestcontrol.co.uk)



HOME BEAUTY SALON LOCATED IN WOOLMER GREEN

Offering high quality lash and nail treatments using industry-leading products, individually tailored to each client.

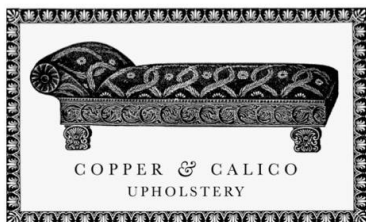
07718 635 500 • [WWW.INSIGHTBEAUTY.CO.UK](http://WWW.INSIGHTBEAUTY.CO.UK)  
[INSIGHTBEAUTYINFO@GMAIL.COM](mailto:INSIGHTBEAUTYINFO@GMAIL.COM)



insightbeauty



insight.beauty



COPPER & CALICO  
UPHOLSTERY

Bespoke antique and mid-century furniture upholstery

Welwyn workshop Tel: 01438 553099

[www.copperandcalico.co.uk](http://www.copperandcalico.co.uk)

## LOOKING GOOD GARDENS



ALL MAINTENANCE  
& GARDENS CAPES  
*Free Estimates and Advice*

Phone Darren  
01438 840242

3 Broomfield Gardens  
WELWYN, HERTS, AL6 9DN



KATE WHITELAND  
FITNESS PHYSIOTHERAPY

SPORTS INJURY CLINIC  
HYDROTHERAPY  
PILATES

Sports Injuries

Back Pain & Neck Pain

Arthritis & Tendonitis

Work Associated Pain

Whiplash & Headaches

Joint, Nerve & Muscular Pain

Post – Op Rehabilitation

Pregnancy related Pain

**Telephone 07956 372891**

Email [katewhiteland@gmail.com](mailto:katewhiteland@gmail.com)

[www.fitnessphysio.co.uk](http://www.fitnessphysio.co.uk)

KATE WHITELAND BSc (Hons) MSc MMACP MCSP

Member of the Health Professions Council

The Therapy Rooms, Natural Health,

36 Wigmores North, Welwyn Garden City,

Herts AL8 6PH

## Peter Scoats

### Carpentry

&

### Property maintenance

Tel : Welwyn

01438 715986

07962 318840

[scoats007@gmail.com](mailto:scoats007@gmail.com)

## ST MARY'S NEW DIRECTOR OF MUSIC

Continued from page 34

exposed to the evangelism of Christ, imbibing the message as dry earth absorbs autumn rain.

In 2017 I secured a UK PhD position and proceeded to discover a whole new world of unique organs and organists. I benefited from the tutelage of artists such as Mr. Jonathan Price, and became ever immersed in the (quite literally) enchanted world of the Anglican tradition, giving recitals, and even getting to accompany the choir of Chingford Parish when they sung, as a guest choir, in cathedrals.

At the same time, those first saplings of the Christian faith grew over the years, and thanks in part to Messrs. C.S. Lewis and Vishal Mangalwadi, I realised the immense importance and power of musical creation; that all music in Christian worship, up to the very last note, ought to faithfully serve the revealed word, in honour of the supernal Word and that music, joined with the arts of visual beauty and the spoken word, whether exalting, evangelising, or edifying, ought to create a majestic multi-faceted work of art which is greater than the sum of its parts – a *Gesamtkunstwerk*.-

It is my hope and joy that I shall dutifully aid the Welwyn ministry team to offer for (and with) the faithful an artwork of praise unto God for many years to come.

Pavlos Triantaris

## WELWYN ARCHAEOLOGICAL SOCIETY

Face to Face meetings have been resumed. We meet at 19.45 at the United Reformed Church Hall, Church Street in Welwyn Garden City.

We missed our 60th anniversary celebration due to Covid and will now be having a celebration and an exhibition at the Mill Green Museum about the society in March. Details to be finalised.

Meetings in December and January are as follows:

10th December	Speaker and subject not yet arranged
21st January	Iron Age brooches and radio carbon dating Sophia Adams—British Museum

Ruth Halliwell  
ruth.halliwell@ntlworld.com



**nikki lewis  
photography**

[www.nikkilewisphotos.co.uk](http://www.nikkilewisphotos.co.uk)

Tel: 07973 135330

[nikki@nikkilewisphotos.co.uk](mailto:nikki@nikkilewisphotos.co.uk)

Insta: @nikkilewisphotos

Twitter: @nikkilewisphoto

Facebook: @nikkilewisphotos

**nicki the cat feeder**

Registered Veterinary Nurse

Fully Insured - DBS Checked

**07976 488603**

[nickithecatfeeder@gmail.com](mailto:nickithecatfeeder@gmail.com)



## **KNEBWORTH ELECTRICAL**

Electrical Engineers & Contractors

### **REPAIRS TO:**

- DISHWASHERS
- WASHING MACHINES
- TUMBLE DRYERS
- OVENS

**Tel: (01438) 812236**

**Mobile: 07778 035182**

**SAMARITANS**

Talk to us any time  
you like, In your own  
way, and off the

record - about whatever's getting to you.



**116 123 Free call**



**jo@samaritans.org**



**samaritans.org**

## **When the body distorts ...**

Back, neck and shoulder pain  
Pain, discomfort and stiffness in joints  
Migraine  
Muscular aches  
Sports injuries  
Arthritic pain

## **WELWYN CHIROPRACTIC**

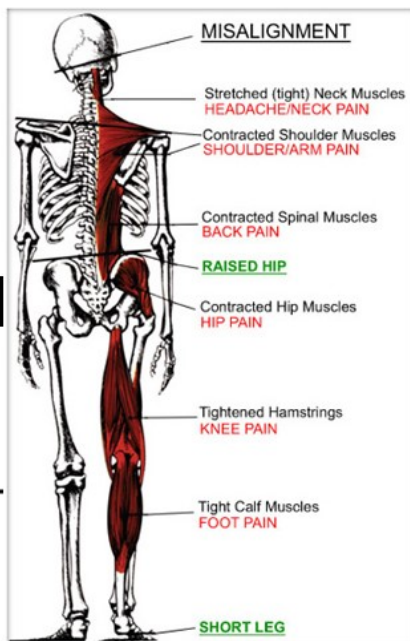
Wellingham House, 15 Church Street  
Wewlyn, Herts AL6 9LN

**01438 717865**

[www.welwynchiropractic.co.uk](http://www.welwynchiropractic.co.uk)

**Call To Schedule A  
Complimentary Consultation.**

It's A Conversation, Not A Commitment.



## WELWYN PARISH COUNCIL



It doesn't seem possible that I am writing this article at the end of October for the Christmas and New Year Edition of the Welwyn Magazine. Where has 2021 gone? It has been lovely to see businesses and private residents once again decorating their premises for Halloween. Of course, it isn't just children who enjoy the spooky feel as they walk around the Parish; I know some adults who enjoy it just as much.

This is the time of year when Bill Morris and his volunteers prepare the lights which help to make our Parish look so festive. When you read this, we hope you will have enjoyed the switching on of the lights and the Christmas Market. Welwyn Parish Council is pleased to have supported all the hard work by the Welwyn Festival Group to make this a special day.

The winner of our Christmas Card competition will have been asked to switch on the lights which is the start of the Christmas Spirit in the Parish. The children try really hard with their Christmas cards, they are so enthusiastic that I find it very hard as one of the judges. I know I will be delighted to be able use the winning card as this year's Welwyn Parish Council Christmas card.

Many businesses in our Parish have found the last two years to be difficult financially and the Parish Council is no exception. Not having the revenue from hall hire but still having our ongoing costs has made balancing the budget difficult. We are now really pleased to welcome back our hirers. At this time of year we are preparing for next year's budget. We have to consider revenue and capital expenditure for 2022/2023, keeping a prudent level of reserves to allow for unforeseen expenses while setting aside an amount to contribute to the cost of replacement assets and maintenance. We also have to allow for capital projects. We have for several years been concerned about the Parish Council offices. The structure makes it feel like a greenhouse in summer and an ice house in winter. Whilst we have made every effort to support the staff with heaters and fans we are very aware that a decision needs to be made about the way forward. Whatever we decide it has to be a solution which is agreeable to our staff, convenient for residents to visit and a building with Climate Change in mind. Thank you to all our staff for working so hard in not ideal conditions.

We have been delighted with the Civic Centre Art Wall. Anneli Boon's paintings have really helped to make the foyer look welcoming with pictures in her signature bright colours. You will have read in the Welwyn Parish Community Newsletter that we would love to display work from other local artists either in

*Continued on page 40*

Conveyancing  
Wills - Probate  
Lasting Powers of Attorney



## Welwyn-based firm of Solicitors

Evening Appointments - Home Visits

Tel: 07368 260469

Email: [edmondsons.solicitors@btinternet.com](mailto:edmondsons.solicitors@btinternet.com)



Regulated by the Solicitors Regulation Authority under SRA No 325616



Call us on 01707 243 020

NOW  
RECRUITING!

Can you make a positive difference every day?

We look after amazing people in the comfort of their own homes

- ✓ Hugely Rewarding
- ✓ Work Life Balance
- ✓ Friendly Supportive Team
- ✓ Quality Time with Clients
- ✓ Full Training Provided
- ✓ Career Development
- ✓ Time to Travel

Car Drivers ONLY



*making a difference every day*

[www.rightathome.co.uk/welwyn](http://www.rightathome.co.uk/welwyn)

## WELWYN PARISH COUNCIL

*Continued from page 38*

painting or photographic form. Please don't be shy, visitors to the Civic Centre would love to see and appreciate your work. Contact Jasmine, Deputy Clerk at 01438 716667 or email [office@welwynpc.org.uk](mailto:office@welwynpc.org.uk) We look forward to hearing from you.

A lot of people work hard to keep our Parish of Welwyn Village, Digswell, Oaklands and Mardley Heath very special. Thank you to everyone. We are very privileged to live here.

I send my best wishes to you all for a wonderful Christmas and a peaceful, happy and healthy New Year.

**Marj Otty**  
*Chairman, Welwyn Parish council*

## WELWYN NATURAL HISTORY SOCIETY

And so here we are at the end of a momentous year – one which will never be forgotten. We have had some fascinating talks virtually on Zoom and then recently, to our delight, live talks in the Civic Centre.

It has been the tradition for our meeting in December to be a “Member’s Evening” with a light-hearted quiz followed by trying to eat our way through a table of Christmas goodies and to drink some Christmas cheer. Actually, by becoming a member you would save a large amount of cash so ... something to think about? Our new year starts in March next year when it would pay to become ‘one of us’!! Before that we have, in February, another insect-based talk, this time on bees – both solitary and bumble - to be given by Josh Wells. We seem to have focused an awful lot on insects this last year – what will it be in 2022?

So, as they say: “Have a good Christmas and see you next year.”

With all our best wishes from the Committee and the Members...

**Judith Watson**  
**01438 813897/07884946565**



THE  
**WHITE HART**

WELWYN

Restaurant, Bar,  
Guestrooms & Function  
Room

We are thrilled to be open again  
with a restaurant & bar  
refurbishment & new style  
menu, including Tom's  
Tasting Menu & signature  
Sunday roast



2 Prospect Place, Welwyn, AL6 9EN  
[www.whitehartwelwyn.co.uk](http://www.whitehartwelwyn.co.uk) | 01438 715353



www.

**FIZZ**

.catering

*Fabulous food for any occasion*

Maria Sherriff  
Welwyn Village - 07919 090419  
[mariasherriff@yahoo.com](mailto:mariasherriff@yahoo.com)

 **Herts Hearing**

**Your Local Independent Audiologist**

- Wax removal -



- Hearing tests -

- Hearing aids -



- Custom ear plugs -

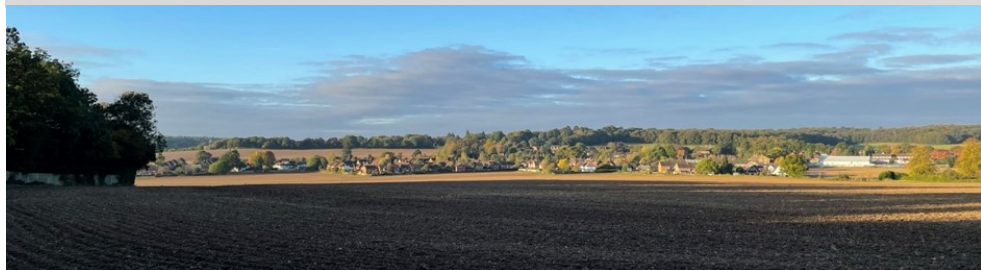
***Based in Codicote, 16 years NHS  
experience, home visits available.***

**Tel: 07495 65 50 84**

**[www.hertshearing.co.uk](http://www.hertshearing.co.uk)**

**[catherine@hertshearing.co.uk](mailto:catherine@hertshearing.co.uk)**

# WOOLMER GREEN PARISH COUNCIL



## **Woolmer Green Market and Christmas Fair**

The Woolmer Green Market and Christmas Fair is on Sunday 12<sup>th</sup> December from 9.00am to 2.00pm. The market is always a good place to meet and shop for local food and treats but the Christmas Market has become a real highlight of the year.

There are lots of fabulous food and craft stalls booked as well as activities for children - wooden reindeer making (£3.50), cookie decorating with the elves (£4.00) and (from 10.15-11.15am) a giant elf on stilts will be running a circus skills workshop (£5.00).

## **Queen's Green Canopy**

This is a tree planting initiative to mark Her Majesty's Platinum Jubilee in 2022 which invites people to plant a tree for the Jubilee. Woolmer Green Parish Council is keen to be involved and is looking for locations to plant new trees in the village. Ideas are welcome so please get in touch with the Clerk if you have a suggestion

[clerk@woolmergreenpc.org.uk](mailto:clerk@woolmergreenpc.org.uk)

## **Carols round the Pond**

It is hoped that Carols round the Pond will be able to take place again this year. To ensure that it is safe, the Parish Council will make an application to close a small section of New Road from 4.00pm to 6.00pm on Christmas Eve.

## **Other Updates**

I updated on the issue with the swings at the orchard playground and the Parish Council is liaising with the playground company but we continue to wait for the necessary parts to repair them. We hope they will be repaired soon but the swings at Garden Road playground are available in the meantime.

As noted last month, Covid precautions are still in place at the Village Hall but bookings for events and parties are welcome again. For booking enquiries please contact

[bookings@woolmergreenpc.org.uk](mailto:bookings@woolmergreenpc.org.uk)

**Sarah Hall**

# FACE.

| Facial | Aesthetics | Clinical Excellence

## Knebworth's luxury facial aesthetics clinic

Anti wrinkle treatments  
Dermal fillers  
Chemical peels  
Fat dissolving treatments  
Medical grade skincare  
Vitamin drips & much more...

Dr Nishma

Lead Facial Aesthetician & Dentist - 07488870442



faceclinics

**£50 off your first  
treatment**



face.clinics

### SIMON ROPER SERVICES


#### WALL & FLOOR TILING

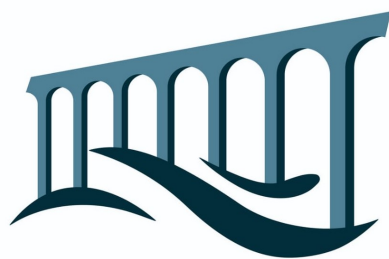
Ceramics – Porcelain – Stone  
Tanking Systems  
Under Tile Heating

T - 01438 811683  
M - 07941 011467

Email : [simon@roperservices.co.uk](mailto:simon@roperservices.co.uk)

Web : [www.roperservices.co.uk](http://www.roperservices.co.uk)

 : [simon.ropertiling services](https://www.facebook.com/simon.ropertiling)



## Welwyn Window Cleaning

07973 866462

[welwynwindowcleaning.co.uk](http://welwynwindowcleaning.co.uk)

## WELWYN ST MARY'S FOOTBALL CLUB

Welwyn St Mary's first game in October was at home to Potten End First in the Hertfordshire FA County Cup. Despite a slow start in the incessant rain, Welwyn took the lead as Danny Russell dispatched the penalty sending the opposition 'keeper the wrong way after Michael Chehade had been felled. The lead didn't last long however, as Potten End capitalised on a defensive mix up to equalise and went in at half time with a deserved 2-1 lead following a controversial penalty. St Mary's upped the tempo in the second half and Harvey Okafo's glanced header levelled the scores. However St Mary's were unable to replicate their run in the previous County Cup as two late goals from Potten End decided the tie which ended 4-2.

Next up was a home game vs last seasons league runners up, St Albans Romans First. Romans started the game well but were soon down a goal as Tommy Taylor linked with Archie Ariss to fire home early in the first half. Romans continued to apply pressure but stand in 'keeper George Ariss and the defence managed to keep the score at 1-0. Just before the half, a long switch from Tyler Brunt was knocked across the 6 yard box first time by Luke Sullivan for Dammy Oluwadamilola to keep up his fine start to the season. A few minutes later Dammy returned the favour for Sullivan to open his account for the club. A quick free kick from Danny Russell in the second half onto the head of Tom Reason rounded off a 4-0 win and a first clean sheet of the season.

A difficult encounter on a bobbly pitch against Zimbabwe Stevenage followed. Welwyn struggled to get into their passing rhythm but took the lead as Dammy nodded over the keeper after a flick on from Tommy Taylor. Zim fought back and went in level at half time with a long range wonder strike. Zim continued to look strong on the counter attack with goalkeeper Brad Cook keeping Welwyn in the game. Zim took the lead with 10 minutes to go but Welwyn managed to salvage a late point as Dammy coolly slotted home after Tom Owen won the ball in opposition territory.

October ended with an 8-2 victory at home to St Albans Romans Reserves. It was 5-0 at half time with Dammy (2), Tom Reason (2) and Jason Fung blowing the opposition away. Romans pulled two back in the early second half but St Mary's upped the tempo with Nnaemeka Asil Maduka (Mizi) scoring his first goal for the club before Fung bagged his second and Archie Ariss completed the rout.

Michael Chehade

## CHIROPODIST/PODIATRIST

Registered with HPC CH 24414

# Lynda A. Mountbatten

FSSCh MBChA  
Dip Pod Med BSc Pod Med

Surgery (Datchworth) and Home Visits  
01438 817073



## APPLE REMOVALS

Domestic/Business moves/Storage  
Packing Services

Tel: 01438 821215 or 01707 372404

[www.apple-removals.co.uk](http://www.apple-removals.co.uk)



## Welwyn St Mary's

Church of England Primary School  
"Believe and Achieve"

### Outstanding

Ofsted September 2013



### Excellent

SIAMS 2019

01438 714169

15 London Road, Welwyn, AL6 9DJ

Email: [admin@welwynst-marys.herts.sch.uk](mailto:admin@welwynst-marys.herts.sch.uk)

Website: [www.welwynst-marys.herts.sch.uk](http://www.welwynst-marys.herts.sch.uk)



## Chic Beauty of Welwyn

For relaxing treatments

Bring this advert and receive £5 off any treatment.

Cannot be used in conjunction with any other offer - No monetary value.

We offer a wide variety of treatments by qualified and insured

Therapist/Aesthetician carried out in tranquil surroundings:-  
CACI, Environ Facials, Collagen Stimulation Therapy, Cool Peels, Luxury Spa Facials, Dermalogica Facials, Manicures & Pedicures, Gel Overlays, Eyebrow Shaping, Eyebrow and Eyelash Tinting, Eyelash Lifting, Massages including Warm Oriental Bamboo & Hot & Cold Stones, Ear piercing, Hair Removal (using warm strip wax/hot wax/threading), Electrolysis (including hair removal, skin tag, thread vein & milia removal) Reflexology

We are authorised stockist of Environ skincare, Jane Iredale skincare makeup, Advanced Nutrition Programme skincare supplements, Dermalogica skincare & Botanicals Elements from Earth products.

Products are available to purchase in store or on our website-  
[www.chicbeautyofwelwyn.co.uk](http://www.chicbeautyofwelwyn.co.uk)

Phone - 01438 840333

34B High Street, Welwyn, AL6 9EQ

## Alice Coralie Glyn

Homes  
Trust

We are a local Almshouse Charity with  
14 properties in  
Turmore Dale and Hyde Valley  
Welwyn Garden City

If you are over 60 and looking for accommodation,  
please contact our Managing Agents:

First Garden Cities Homes on:

**01462 683307**

We may be able to help

# Church Notice Board

[www.welwyn.org.uk](http://www.welwyn.org.uk)

## **ST MARY'S - Welwyn**

Sunday	8.00 am	Holy Communion
Sunday	9.30 am	Parish Communion / Junior Church
Sunday	6.30 pm	Evensong (2nd, 4th and 5th Sundays)
Wednesday	9.00 am	Morning Prayer
Wednesday	9.30 am	Holy Communion
Saturday	9.00 am	Parish Prayers

## **Children**

Mondays	3.30pm	Craftea (1st and 3rd Mondays during term time)
---------	--------	--

## **Confessions**

By arrangement with the Clergy.

*The Ministry of Counsel and Absolution is available to anyone who seeks it at any time.*

## **Clergy Surgery Hour**

Saturdays	10.00 am to 11.00 am
-----------	----------------------

*A member of the team will be available in church for any enquiries. Mainly intended for Baptisms or Weddings, but not exclusively restricted to those matters.*

## **ST MICHAEL'S - Woolmer Green**

Sunday	11.15 am
1st and 4th Sundays:	Parish Eucharist:
2nd Sunday:	Family Service
3rd Sunday:	All Age Eucharist
5th Sunday:	Morning Prayer

## **AYOT ST PETER**

1st Sunday	11.15 am	Matins: ( <i>Book of Common Prayer, King James' Bible</i> )
2nd and 5th Sundays	11.15 am	Holy Communion: ( <i>Book of Common Prayer, King James' Bible</i> )
3rd Sunday	11.15 am	Family Service: ( <i>Common Worship, NRSV Bible</i> )
4th Sunday	11.15 am	Parish Communion: ( <i>Common Worship, NRSV Bible</i> )

## **EVANGELICAL CHURCH - Welwyn**

Sunday	9.45 am	Bible Classes (All ages 7+)
Sunday	11.00 am and 6.30 pm	(Facilities for young children)
Wednesday	8.00 pm	Bible Study (except 3rd Wednesday)

## **ROMAN CATHOLIC CHURCH of the HOLY FAMILY - Knightsfield, Welwyn Garden City**

Fr Norbert Ferbandes : T: 01707 323234

## **DIGSWELL VILLAGE CHURCH**

Anglican/Methodist LEP: T: 01438 510391

Sunday	11.00 am
2nd and 3rd Sundays:	Methodist (3rd: Holy Communion)

\*\*\*

# Personal, caring and independent.

*The complete funeral service*

24 hour service • Private Chapels of Rest  
Bespoke Funeral Plans • Own Crematorium

## AUSTIN'S

FAMILY FUNERAL DIRECTORS

[www.austins.co.uk](http://www.austins.co.uk)

STEVENAGE • 01438 316623  
HITCHIN • 01462 438422  
KNEBWORTH • 01438 812365  
BUNTINGFORD • 01763 274111  
WELWYN GARDEN CITY • 01707 390018  
WELWYN • 01438 714686  
HERTFORD • 01992 582052  
WARE • 01920 468551  
LETCHWORTH • 01462 684292  
HODDESDON • 01992 471709  
HARWOOD PARK • 01438 812515

## Harwood Park

*The perfect setting to commemorate  
the life of your loved one*



Crematorium and memorial gardens created  
and managed by the Austin family in the  
beautiful Hertfordshire countryside.

[www.crematorium.co.uk](http://www.crematorium.co.uk)



*Serving the local  
community for ten  
generations*



## WELWYN GARDEN CITY GOLF CLUB



*... the best kept course in Hertfordshire*

## Your Local Members' Golf Club

- Fun, friendly, sociable club, offering competitive and social golf with a busy social calendar.
- **Full Membership under £28 per week.**
- 5 Day Membership less than £21 per week.
- No Societies at weekends • Social & Corporate Membership available.

WGC Golf Club, Mannicotts, High Oaks Road, WGC AL8 7BP

Contact: David Spring, General Manager

t 01707 325243 e [david@wgccgc.co.uk](mailto:david@wgccgc.co.uk) w [www.wgccgc.co.uk](http://www.wgccgc.co.uk)

## MEDITATION

### A camel's tale.

I felt honoured to be chosen for the journey – I was proud, maybe arrogant, even a little boastful. I was one of a dozen selected from hundreds of camels to carry the “seers” on their journey to honour a new king. I was on my best behaviour – fit, primed, ready to go.

But the journey was long and tedious. Plodding on day in, day out; week in, week out; month after month..... Wise men – that was a joke! They didn't even know where they were going. They were following a star – didn't they know that there were thousands of the wretched things – why was one so special? Did they not realise that even camels have to eat and drink and rest?

I became tired, disillusioned, bad-tempered and went back to my normal camel behaviour – hissing, spitting, refusing to kneel down or get up when told. I took out my bad mood on all around me – kicking and biting the other camels when I got chance, diverting from the path to steal a leaf from a tree or food left behind by previous travellers.

Finally, we reached the great city, Jerusalem - surely here we would find this so-called king but no-one had even heard of him. Wasted journey. All that effort for nothing. We were re-directed to a small town, to a grotty little stable behind an inn, to sheep and goats and a child in a manger.

Then I looked in to the Child's eyes and I saw and understood. The greatest gift of all..... I am loved, I am forgiven, I am free. No more striving, boasting and competing. No need to fight or rebel. I, a lowly camel, am loved and cherished, I am free to serve the Servant King. I have a purpose and a meaning. I do not need to follow all the rules, behave better than other camels or keep myself pure but I want to – I want to be the best camel I can be – carrying other camels' loads, doing as I am bidden, helping and serving others.

So I knelt by the manger, unbidden, and worshipped.

Jo Fozzard